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ABSTRACT OF THE DISCLOSURE

New and improved systems and methods for confirming transmission of email and other similar messages (e.g., instant messages, wireless device messages, etc.). Such systems and methods includes and involve generation means for permitting a sender to generate an email message to be sent to a specified recipient via a messaging system, confirmation means for confirming that the email message is to be sent to the specified recipient by presenting to the sender a confirmation notice requesting the sender to confirm that the specified recipient is an intended recipient of the email message, and sending means for causing the email message to be sent to the specified recipient via the messaging system after the sender operates the confirmation means and confirms that the specified recipient is an intended recipient.